


# Menu Trust Menu 2023

Week: 3 –



					
<b>Main course</b>					
<b>Meat</b>	Beef Lasagne	Chicken Wrap	Roast Pork	Chicken Korma Curry	Pulled Pork Burger
<b>Fish</b>	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Fish Fingers
<b>Vegetarian</b>	Vegetable Lasagne(V)	Vegetable Wrap (V)	Quorn Roast (V)	Vegetable Korma Curry (V)	Mozzerella Sticks(V)
<b>Pasta Bake</b>	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
<b>Starchy food</b>	Spicy Wedges	Hash Browns	Roast Potatoes	Rice	Chips
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Vegetables</b>	Peas	Broccoli	Cabbage	Sweetcorn	Peas
	Carrots	Cauliflower	Carrots	Peas	Cauliflower
<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Coleslaw
<b>Extra bread</b>	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain
<b>Dessert</b>	Custard Biscuit	Fruit Jelly and ice cream	Chocolate Cake	Toffee Muffin	Apple Crumble and Custard
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt

**Grab & Go (Hot)**

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You Cheese and Tomato Pizza Rice Pot Special Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Chicken Bites and Dip Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Rice Pot Special Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Hot Dogs Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Chicken Bites and Dip Filled Jacket Potatoes Portion of Chips Pasta to Go Ham and Cheese Panini
<b>Grab &amp; Go (Cold)</b> Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes Pasta Salads
<b>Drinks</b> Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians