



BTEC National Extended Certificate in Health and Social Care

Summer work

1. Watch an episode of 'Secret life of 4 year olds' and make notes on the areas of development you see. Consider **physical development** (gross and fine motor skills) **intellectual** development (language and thinking skills) **emotional** (expressing and understanding feelings and emotions) and **social** (making friends, sharing and taking turns).
2. Research **Bowlby's Theory of attachment** and write a paragraph which provides an overview of the key points.
3. What is Mary Ainsworth's '**Strange Situation**' experiment? What does it tell us about attachment? What are the types of attachment?

Please hand in your summer work during our 1st lesson in September.